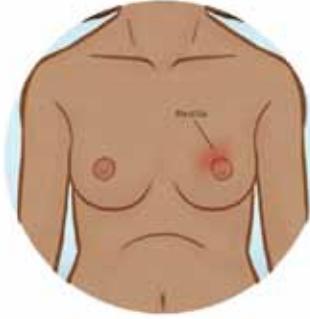


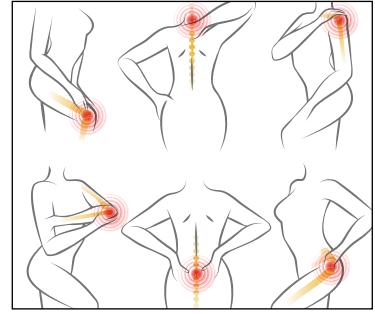
# MASTITIS

Ñe kwōj enjaake an lukkun obrak kobban, ebbōj, māänān, im metak ittūm, innem emaron wōr am nañinmij etannin mastitis.

## Kakōlkōl ko



Jutak imaan juon kilaaj ñan am lale ittum. Kwōj ke loe ak enjaake juon ebbōj eo emetak im māänān ilo ien am jibwe? Ewōr ke oktak ilo kalor ilo jikin eo iturin metak eo? Jikin eo emaron iomwin bōran ittūm ilo jikin eo ebin loe. Kwōmaron loe juon anañ ak lain bürōrō ko.



Kwō mōk ke? Kwōj ke piba ak wūddidid?

Ej ke metak enbwinnim?

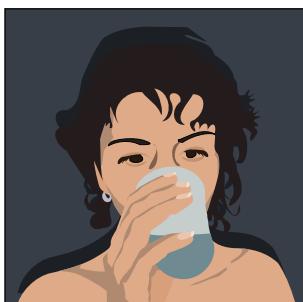
## Kōmadmōd



Ilik paak in aij ñan jikin eo emetak ilo ittūm. Kōmman joñan mennen ñan 15 minit ilo juon awa.

Kenono ibben taktō eo am kin am jañij ikötaan acetaminophen ñan metak im ibuprofen ñan ebbōj.

Kadikdik am biiti ittūm jen bōran ittūm ñan iomwin medawan eo am.



Kaniñniñ im paam einwōt mokta.

Enjab diklok jen 8 kab kilaaj in aeboj ilo juon raan.

Ejab emmon am mour. Kakkije ñan joñan am maron!

Kall ae taktō eo am ñan joñan bwil eo elablok jen 101F/ 38.4 C ak ñe ejab emmonlok am mour ilo 24 awa. Ñe emōj an taktō lewaj wūno in kinej, bōke aoleb wūno ko mae ien remaat.



Lain in Kall an WIC eo an Arkansas kin Kaninnin

**1-800-445-6175**

Mastitis, Marshallese, 7/2023



Doulul in jipañ eo ej lelök jipañ ilo ejzelök kalijeklök.