

## What You Can Do to Help Your Child with Developmental Delays

If you are concerned that your child has missed some developmental milestones, talk to your child's doctor. Their doctor will refer them for evaluations, therapy, and services they need.

If your child needs therapy or other services, there are some programs that may be available at little or no cost to you, while other programs may require you to pay. This sheet will tell you about 4 ways you may be able to get support, how much each costs, and how you can get started. The programs and services we will explain are:

1. Individuals with Disabilities in Education Act (IDEA) Early Intervention Systems: Early Childhood Special Education (Part B)
2. Individuals with Disabilities in Education Act (IDEA) Early Intervention Systems: First Connections (Part C)
3. Early Intervention Day Treatment (EIDT)
4. Getting therapy on your own from the provider

### Therapy Programs for Young Children

Program or Service Name	What does it help with?	Where will I get services?	How much does it cost?	Do I need a referral?	Where do I go to learn more?
Early Childhood Special Education Part B	This program helps children 3 to 5 years old who have special needs/delay. It provides supports, services, and education for these children and their families.	You will get services in a place that best meets your child's needs. That may be your home, your child's school or daycare, or other places in your community.	No cost to you	Yes. You or your child's doctor, teacher, or other caregiver can make a referral. To get a referral form, visit: <a href="https://arksped.k12.ar.us/documents/policyAndRegulations/required-forms/Referral-printable.pdf">https://arksped.k12.ar.us/documents/policyAndRegulations/required-forms/Referral-printable.pdf</a> .	<a href="https://dese.ade.arkansas.gov/Offices/special-education/early-childhood-special-education">https://dese.ade.arkansas.gov/Offices/special-education/early-childhood-special-education</a>
First Connections Part C	This program helps children birth to 3 years old who have special needs. It provides supports and services for the children and their families.	You will get services in your child's natural environment. That may be in your home or other places where your child is regularly.	No cost to you	Yes. You or your child's doctor, teacher, or other caregiver can make a referral. To fill out a referral form, visit: <a href="https://dhs.arkansas.gov/dds/firstconnectionsweb/#fc-referrals">https://dhs.arkansas.gov/dds/firstconnectionsweb/#fc-referrals</a> .	<a href="https://dhs.arkansas.gov/dds/firstconnectionsweb/#fc-home">https://dhs.arkansas.gov/dds/firstconnectionsweb/#fc-home</a>

<p>Early Intervention Day Treatment (EIDT)</p>	<p>disabilities, delays, or other health concerns/needs. It provides evaluation, developmental therapies (such as occupational, physical, and speech therapy), help with learning how to thrive/assist a child in a classroom (day-habilitation), and more to help them.</p>	<p>In a licensed day treatment clinic</p>	<p>Depends on the provider. Most accept Medicaid, private insurance, or TEFRA. Call your insurance company to see what services they will pay for.</p>	<p>Yes. And third-party screening may be required for EIDT evaluation. If your child has certain diagnoses, they may not be required for a screening.</p>	<p><a href="https://humanservices.arkansas.gov/divisions-shared-services/developmental-disabilities-services/service-for-children-with-dd-id-needs/developmental-daycare-eidt-age-0-21/">https://humanservices.arkansas.gov/divisions-shared-services/developmental-disabilities-services/service-for-children-with-dd-id-needs/developmental-daycare-eidt-age-0-21/</a></p>
<p>Therapy from a private provider</p>	<p>You can get developmental services (such as occupational, physical, or speech therapy) from a licensed provider or therapist.</p>	<p>Depends on the provider.</p>	<p>Depends on the provider. Most accept Medicaid, private insurance, or TEFRA. Call your insurance company to see what and how many/how often services they will pay for. Can be paid for out of pocket.</p>	<p>Yes.</p>	<p>Talk to your child's doctor.</p>

**What should I do if I need help paying for therapy services?**

If you need help paying for therapy services, consider applying for:

- ARKids First. This is a health coverage program through Medicaid for children. To learn more and apply, visit: <https://humanservices.arkansas.gov/divisions-shared-services/medical-services/healthcare-programs/arkids/>.
- TEFRA. This is a special type of Medicaid for families with children who have a disability. If your child is eligible, you can get TEFRA no matter how much money you make. You may have to pay a premium each month. To learn more, visit: <https://humanservices.arkansas.gov/divisions-shared-services/medical-services/healthcare-programs/tefra/>.

Please visit [arkansasaap.org/dev-delays-toolkit/](http://arkansasaap.org/dev-delays-toolkit/) for more information